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**Blessing of Cooked Wheat  
for the solemnities of  
St. Theodore (1<sup>st</sup> Saturday of Lent)  
and St. Barbara (December 4)**

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**Deacon:** Let us pray to the Lord.

**All:** Lord have mercy.

**Priest:**

O Lord, you brought all things to perfection through your word. You commanded the earth to bring forth all kinds of fruits and food for our needs. Through grain and vegetables you made the three Children and Daniel fairer than the Babylonians who lived in luxury.

Now, O All-loving King, bless this grain and fruit, and sanctify those who offered them and those who partake of them: for they have been offered by your servants to your glory, and in honor and memory of ***the Holy Great Martyr Theodore\****.

Grant, O Good Lord, to those who have brought this offering and who keep this memorial, all their petitions which are for their salvation, and count them worthy to rejoice in your eternal blessings, through the prayers of our most pure Lady the Theotokos and Ever-virgin Mary, and the intercession of ***the Holy Great Martyr Theodore\**** whose memory we celebrate today and of all your saints.

For you bless and sanctify all things, O Christ our God, and to you we render glory, and to your Eternal Father and your All-holy, Good and Life-giving Spirit, now and always and for ever and ever.

**All:** Amen.

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\* or *the Holy Great Martyr Barbara*

The word “offering” was changed to the word “donation”.

N.B.

In the Blessing of the Cooked Wheat, 6th line, please replace the word donated by offered.

I am grateful to the Rt. Rev. Fr. Joe Francavilla for this elegant suggestion.